ONLINE CULTURAL ORIENTATION CERTIFICATION COURSE CATALOG

The following lessons are available through CORE's Online Cultural Orientation (CO) Certification Course, an interactive professional development opportunity for resettlement staff, volunteers, and interns involved in the implementation and delivery of CO.

Lessons are designed to establish foundational knowledge of the United States Refugee Admissions Program (USRAP) and further the professionalization of CO instruction by supplementing and enhancing training resources available at Resettlement Support Centers and Resettlement Agencies.

For more information, visit the CO Resource Exchange website here, where you can access the registration page and Frequently Asked Questions.

INTRODUCTORY LEVEL

Certificate Available

LESSON 1 - THE REFUGEE RESETTLEMENT JOURNEY

Learn fundamental information about the United States Refugee Admissions Program (USRAP).

- Define key USRAP terms.
- Identify key stakeholders involved in the USRAP.
- Explain the process refugees undergo in the USRAP.

30 minutes

LESSON 2 - CULTURAL ORIENTATION DEFINED

Understand the purpose of Cultural Orientation.

- Explain the purpose of CO and the differences between overseas and domestic CO.
- Locate resources that can be used to deliver CO.

30 minutes

LESSON 3 - WORKING EFFECTIVELY WITH INTERPRETERS

Develop a deeper understanding of how to effectively work with interpreters.

- Explain the difference between types of interpretation and translation.
- Define roles and responsibilities of the CO provider and the interpreter.
- Identify steps to ensure interpreters are utilized appropriately and effectively.

40 minutes

INTERMEDIATE LEVEL

Certificate Available

LESSON 4 - KNOWLES' SIX PRINCIPLES

Explore Knowles' Six Principles of Adult Learning and how they can be applied to CO delivery.

- Identify and describe Knowles' Six Principles of Adult Learning.
- Explain the differences between external and internal motivation.
- Identify techniques to apply Knowles' Six Principles of Adult Learning in CO delivery.

20 minutes

LESSON 5 - STUDENT-CENTERED VERSUS TEACHER-CENTERED LEARNING

🕐 **20 minutes**

Understand the difference between student-centered and teacher-centered learning techniques.

- Explain the characteristics of student-centered and teacher-centered learning, and their advantages and disadvantages.
- Identify techniques to apply student-centered learning during CO delivery.

LESSON 6 - COGNITIVE LOAD AND HOW TO MANAGE IT

🕐 **20 minutes**

Learn about cognitive load and memory and how these concepts influence CO delivery.

- Define and explain key terms associated with cognitive load and memory.
- Identify techniques to minimize cognitive overload and improve learner retention.

ADVANCED LEVEL

Certificate Available

LESSON 7 - TAKING A STRENGTHS-BASED APPROACH

🕐 **20 minutes**

Learn principles associated with taking a strengths-based approach and how to apply them in CO delivery.

- Define and explain the differences between deficit thinking and a strengths-based approach.
- Identify the principles associated with a strengths-based approach and explain how they can be applied during CO delivery.

LESSON 8 - CREATING A POSITIVE LEARNING ENVIRONMENT

🕐 **20 minutes**

Understand how to create a positive learning environment during CO.

- Identify and explain four key principles that can be used to create a positive learning environment.
- Explain at least three techniques to create a positive learning environment.

LESSON 9 - MANAGING COMMON CHALLENGES OF CO DELIVERY

🕐 **30 minutes**

Examine common challenges faced during the delivery of CO and learn techniques to overcome them.

- Identify commonly faced challenges of delivering CO.
- Explain at least three techniques that can be applied to address maintaining learner engagement, time management, and teaching different types of learners.