The following catalog includes details and links to resources available to CO providers for teaching CO. These resources can be accessed through the CO Resource Exchange website (coresourceexchange.org). This is one of three catalogs available; the other catalogs are the Online CO Certification Course Catalog and the Refugee Communications Resource Catalog. Click on the list below to jump to different sections of the catalog by resource category or to go to the other two catalogs for more information.

- Curriculum
- Assessment and Evaluation
- Supplemental Lesson Plans
- CORE's Webinar Series
- Effective Practice Series
- Teaching CO Support Posters
- CORE's Online Courses Catalog
- Refugee Communications Resource Catalog

## CURRICULUM

**MAKING YOUR WAY: A RECEPTION AND PLACEMENT CURRICULUM**

This curriculum was designed for domestic CO providers. Overseas CO providers use the *Welcome Guide*. It can be adapted for use in delivering CO. Click [here](#) to access.

**WELCOME TO THE UNITED STATES: A GUIDEBOOK FOR REFUGEES**

The *Welcome Guide* is a part of the Welcome Suite (books and videos), available in multiple languages, and serves as the foundational textbook for overseas CO. Chapters can be adapted for use in domestic CO. Click [here](#) to access.

## ASSESSMENT AND EVALUATION

**CO OBJECTIVES AND INDICATORS**

The CO Objectives and Indicators found [here](#) outline the topics and corresponding content objectives and learning indicators that should be applied in the delivery of overseas and domestic CO. The CO Objectives and Indicators were developed by the Cultural Orientation Working Group and approved by PRM in 2012.

**PRE-DEPARTURE CO LEARNING ASSESSMENT TOOLKIT**

Based on information collected from overseas CO programs and in coordination with PRM, CORE has developed a Pre-Departure Cultural Orientation Learning Assessment Toolkit. The aim of the toolkit is to provide guidance to Resettlement Support Centers in the design and implement pre-departure CO learning assessments.

**RECEPTION AND PLACEMENT CO LEARNING ASSESSMENT MATERIALS**

The resources found [here](#) support CO providers and their supervisors at Resettlement Agency field and affiliate offices to develop and use assessment tools that are appropriate to their needs and capacity.
SUPPLEMENTAL LESSON PLANS

The following are additional lesson plans, which are meant to supplement materials available in the *Welcome Guide* and *Making Your Way* curriculum. Each lesson plan provides key messages, lesson objectives, and a set of activities that can be used together or independently. There are also modifications and tips provided for all lesson activities in order to address the needs of different learners in CO. Click lesson titles to access detailed lesson plans and supporting documents.

**DIGITAL AWARENESS FOR REFUGEES**

**LESSON OBJECTIVES**
- List ways they may encounter digital technology in the United States as a part of their resettlement process, including, accessing public benefits, managing finances and banking, searching and applying for jobs, engaging with school, and submitting changes in address.
- Identify basic actions to take to develop their digital competency, which at a minimum should include setting up and using email.
- Explain potential risks and consequences that they may face when using digital technology.
- Identify reputable online resources they may need to access during their resettlement.

**Featured Activities**
- Pre-Assessment Questionnaire
- Digital Awareness for Refugees
- Creating an Email Account Activity

**EMPLOYMENT FOR REFUGEE WOMEN**

**LESSON OBJECTIVES**
- Describe why it’s important for all eligible employable adults to seek and obtain employment, regardless of sex.
- Articulate at least four advantages of refugee women seeking and obtaining employment.
- Identify two to three impacts that gender has on refugees seeking and obtaining employment.
- Determine potential challenges that refugee women who work might face and begin to identify tentative solutions.

**Featured Activities**
- Spectrum Activity
- Goals and Employment Activity
- Scenarios Activity
- Self-Reflection Activity

**FIRST AMENDMENT RIGHTS**

**LESSON OBJECTIVES**
- Identify the First Amendment as part of the U.S. Constitution.
- Articulate the five freedoms, which are rights protected by the First Amendment.
- Acknowledge that the state laws protecting First Amendment rights can be different from one state to another.
- Recognize that the debate around the First Amendment is an ongoing right and responsibility of citizens and residents in the United States.

**Featured Activities**
- The Five Freedoms Game
- Write a Petition

**HYGIENE IN THE UNITED STATES LESSON PLAN**

**LESSON OBJECTIVES**
- List the different areas of proper hygiene practices in the United States (personal, home, public spaces).
- Identify a list of actions they can take to practice proper personal hygiene in the United States.
- Identify a list of actions they can take to ensure cleanliness in the home and in public spaces.
- Explain potential consequences of not practicing proper hygiene in the United States.

**Featured Activities**
- Comparative Hygiene Discussion
- Scenarios Activity
- Create a Hygiene Checklist
- Settle In mobile app Activity
SUPPLEMENTAL LESSON PLANS (CONTINUED)

MONEY MANAGEMENT

LESSON OBJECTIVES
- Describe why it's important for all eligible employable adults to seek and obtain employment, regardless of sex.
- Articulate at least four advantages of refugee women seeking and obtaining employment.
- Identify two to three impacts that gender has on refugees seeking and obtaining employment.
- Determine potential challenges that refugee women who work might face and begin to identify tentative solutions.

Featured Activities
- Financial Systems Discussion
- Card Sort Activity
- Financial Milestones Game
- Future Finances Vision Board

RULE OF LAW

LESSON OBJECTIVES
- Understand that the United States is governed by rule of law and identify examples of U.S. laws.
- Understand and explain the concept of due process and what this means in the United States.
- Recognize the benefits of following the rule of law and having due process.
- Explain that there are many laws governing behavior in the United States.
- Identify some possible consequences of not following the rule of law.

Featured Activities
- Guided Discussion
- Chopped Tree Scenario
- Rule of Law in the United States Activity

SUPPORTING YOUR CHILD IN SCHOOL

LESSON OBJECTIVES
- Describe the roles and responsibilities of parents (or legal guardians) in their child's education in the United States.
- Articulate at least three ways parents (or legal guardians) can engage in their child's education.
- Identify at least three benefits of parents' (or legal guardians') engagement in their child's education (both for the child and the family).
- Determine different strategies for facing obstacles that prevent engagement in their child's education.

Featured Activities
- Discussion on Education
- It Takes a Village Game
- Role-Play Activity

RESETTLING TO THE UNITED STATES DURING THE COVID-19 PANDEMIC

LESSON OBJECTIVES
- Describe COVID-19 and the three main symptoms associated with the virus.
- Identify how COVID-19 spreads and what to do to protect oneself and family members from infection.
- Explain the importance of taking COVID-19 seriously for everyone's health and safety.
- Follow local guidance and find accurate and reliable up to date information on COVID-19.
- Articulate the role of the Resettlement Support Center and the Resettlement Agency during COVID-19, including the provision of resettlement services.

Featured Activities
- Discussion on COVID-19
- Responsibilities Activity
- Scenario Activity
WEBINAR SERIES

CORE's webinar series engages CO stakeholders with tools, practical experience, and access to best practices. Live webinars are 30 minutes in length. The following is a list of past webinars available as recordings.

- "Addressing COVID-19 in Cultural Orientation" 1 hour, May 20, 2020
- "How to Deliver Remote CO" 1 hour, March 26, 2020
- "Using Volunteers in Cultural Orientation" 45 minutes, August 20, 2019
- "Addressing Hygiene in Cultural Orientation" 26 minutes, April 24, 2019
- "Preparing New Providers to Deliver Cultural Orientation" 29 minutes, January 31, 2019
- "Navigating Challenging CO Conversations" 42 minutes, December 6, 2018
- "Delivering Gender-Segregated CO Sessions" 30 minutes, November 14, 2018
- "Using CORE's Refugee Communications Toolkit in Your Resettlement Office" 28 minutes, October 17, 2018
- "Delivering CO on U.S. Laws" 28 minutes, August 29, 2018
- "Addressing Money Management" 27 minutes, June 21, 2018
- "Supporting Your Child in School" 16 minutes, May 17, 2018
- "Engaging Community Guests in Cultural Orientation" 30 minutes, March 13, 2018
- "Employment for Refugee Women" 23 minutes, January 25, 2018
- "Engaging with Refugees on First Amendment Rights" 20 minutes, December 13, 2018

TEACHING CO SUPPORT POSTERS

The following posters provide visual summaries of key concepts to be applied during the delivery of CO. The information aligns with lessons available in the Online CO Certification Course. Posters can be printed either in a 24 x 36 inch format, or scaled to fit standard 8.5 x 11 inch or A4 printer paper.

- Six Principles of Adult Learning
- Student-Centered Learning
- Cognitive Load and Memory
- Strengths-Based Approach
- Creating a Positive Learning Environment
CORE’s Effective Practice Series aims to support the development of more effective CO delivery. CORE provides this information through the two document types: the documentation of promising practices with step-by-step guidance for implementing the identified practice and how-to guides. Access the documents listed below by clicking here.

**HOW TO DELIVER REMOTE CULTURAL ORIENTATION**
In order to ensure refugees still receive critical Cultural Orientation messages when in-person CO is not possible, CORE has provided recommendations on determining remote delivery approaches and tips for implementation.

**HOW TO INTEGRATE DIGITAL TECHNOLOGY IN CO**
Examines tips for integrating digital technology as a part of CO delivery such that it enhances learning, improves understanding of the resettlement experience, and promotes self-sufficiency.

**HOW TO CREATE INTERACTIVE ONE-ON-ONE CO SESSIONS**
Considers what happens when group CO sessions are not possible and provides tips to create one-on-one CO sessions that are interactive, engaging, and encourage community integration and overall self-sufficiency.

**PROMISING PRACTICE: DELIVERING GENDER-SEGREGATED CO SESSIONS**
Examines the practice of conducting gender-segregated CO sessions. These types of sessions allows CO providers to address common barriers that prevent women from attending or participating in CO, while also enhance learning through a content customization and the creation of a positive learning environment.

**PROMISING PRACTICE: INCLUDING GUESTS FROM THE COMMUNITY**
Focuses on how inviting guests from the community can make CO more relevant to your learners, and also increase their engagement with CO. Guests from the community can also help reinforce key messages and may be used to address specific population needs.

**PROMISING PRACTICE: USING VOLUNTEERS FOR CULTURAL ORIENTATION**
Provides guidance and several examples from the field on how to incorporate volunteers to deliver CO and carry out other tasks related to implementing CO. Using volunteers for CO can enhance refugee learning and engagement and provide additional support to resettlement staff.

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