

SCENARIO ACTIVITY

PURPOSE

To explore local guidance on COVID-19 and reflect on how to find accurate and up-to-date information.

INSTRUCTIONS

1. Ask participants: What is the current guidance on COVID-19 where you are located? Correct answers as necessary.
2. If not provided previously, review with participants the [COVID-19 Understanding Guidance and Rules Fact Sheet](#) or play the [Podcast](#).
3. Provide participants with scenarios found in the [List of Scenarios](#) in the [Appendix](#). Discuss scenarios with participants, highlighting as appropriate local guidance on COVID-19. Scenarios and answers are based on the above noted fact sheet and podcast; however, scenarios also build on information shared in CORE's [COVID-19 How to Protect Yourself and Stop the Spread of the Virus Video](#) and [Resettling to the United States During the COVID-19 Pandemic Fact Sheet](#) and [Podcast](#).
4. Ask participants: How would they find accurate and up-to-date information on COVID-19? Share how to find local information and encourage participants to check the COVID-19 page on the [Resettlement Navigator website](#), [COREnav.org](#).

MODIFICATIONS & TIPS

- You may add additional scenarios or reduce the number of scenarios, as relevant for your given context.
- You could change the scenarios into role plays that you conduct with the client for one-on-one sessions or they conduct in pairs for group sessions.

LIST OF SCENARIOS

Select scenarios prior to the lesson. Scenarios and answers are based on CORE's COVID-19 video, fact sheets, and podcasts. Providers can adjust or remove scenarios based on their local context.

SCENARIO 1:

Anita has developed mild symptoms of COVID-19. She contacts her doctor to discuss her symptoms and what she should do. The doctor confirms the symptoms could be COVID-19 and asks her to self-isolate in her home.

Questions	Answers
What does it mean to self-isolate?	<ul style="list-style-type: none">• Staying home for a specific period of time.
Why is it important for Anita to self-isolate?	<ul style="list-style-type: none">• To prevent COVID-19 from spreading to others.
What steps can Anita take to prevent the virus from spreading to others in her home?	<ul style="list-style-type: none">• If you live with others, as much as possible, you should stay in a specific "sick room" away from other people you live with.• Wear a face mask.• Do not share personal household items and clothes.• Regularly clean all the surfaces you touch with soap and water.

SCENARIO 2:

Dmitry recently traveled and thinks he was exposed to COVID-19. He has no symptoms, but a healthcare worker advises him to quarantine for 14 days.

Questions	Answers
Why would the healthcare worker ask Dmitry to quarantine himself?	<ul style="list-style-type: none">• Because Dmitry may have come in contact with someone who has COVID-19. As a precaution, Dmitry should stay home for 14 days to prevent the spread of the disease to someone else.
What should Dmitry do if he develops a fever, cough, or shortness of breath?	<ul style="list-style-type: none">• Contact his doctor for medical advice.
During his quarantine period, should Dmitry go to the grocery store or outside?	<ul style="list-style-type: none">• No. Dmitry may spread the virus to other individuals.

SCENARIO 3:

Naw needs to buy groceries. She is concerned about contracting COVID-19 from other individuals in the grocery store.

Questions	Answers
What can Naw do to protect herself at the grocery store?	<ul style="list-style-type: none">• Social or physical distancing, by staying six feet away, about two arm's length, from others.• Naw can also stay away from large groups of people while in the store.• Naw could wear a face mask.

SCENARIO 4:

Bilal's local government announced a shelter-in-place order. Bilal has a dental appointment and needs to pick up medicine from the pharmacy.

Questions	Answers
What should Bilal do?	<ul style="list-style-type: none">• Bilal needs his medication as it is essential, so he should go get his medicine and practice social distancing while doing so.• Bilal should contact his dentist to see if it is essential for him to go to the dentist appointment. Together they can make the most informed decision about his medical care.• No matter what Bilal does, he should ensure he practices social distancing from others.
While Bilal is out picking up his medication, he's approached by a police officer. Why might the police officer approach him?	<ul style="list-style-type: none">• Police are trying to help. They may approach Bilal to ask if he is okay or to check where he is going.

SCENARIO 5:

Nurah is on social media. She sees a post from a friend that says the community is on lockdown and people are not allowed to leave their homes. The post says police will arrest anyone who does leave their home. Nurah informs her father, who speaks Tigrinya only, and relies on his daughter for information.

Questions	Answers
How do we know the information from Nurah's friend on social media is accurate	<ul style="list-style-type: none">• We do not. There is no information in the scenario that suggests if Nurah's friend has accurate information or is spreading false information.
Identify possible tutoring options for your child or find extra English classes available in the community	<ul style="list-style-type: none">• Her father could contact his local Resettlement Agency and ask if the community is on lock down.• Her father could ask a friend or family member who speaks English to confirm the information through local news sources.

SCENARIO 6:

Ram receives a call. The person on the phone states they work for his bank and they need to confirm his account information. They ask Ram for his social security number and bank account number.

Questions	Answers
What should Ram do?	<ul style="list-style-type: none">• Ram should not provide any personal information. The individual has requested sensitive personal information and may be trying to commit fraud.
What else should Ram do after he receives this call?	<ul style="list-style-type: none">• Ram should contact the local Resettlement Agency to inform them of the scam. Ram can consider contacting the local authorities to report the crime.

ADDITIONAL RESOURCES

- [Center for Disease Control: Coronavirus \(COVID-19\)](#)
- [World Health Organization: Coronavirus disease \(COVID-19\) Pandemic](#)
- [Cultural Orientation Resource Exchange: COVID-19 Resources](#)
- [CORE Resettlement Navigator: COVID-19 Resources](#)

Cultural Orientation Resource Exchange

8719 Colesville Road, 3rd Floor • Silver Spring, MD 20910

www.coresourceexchange.org



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