

COVID-19 Refugee Health Resource Infographic

This infographic is a snapshot of key messages and resources provided to refugees at each step of the resettlement process.

Overseas Cultural Orientation

(3 months to 1 week prior to departure)

Overseas cultural orientation (CO) providers deliver information on COVID-19 transmission; precautionary hygiene; symptoms; prevention methods such as isolation, quarantine, and social distancing; stay-at-home recommendations; role of the resettlement agency; at-risk populations; and what to do if sick.



IOM Refugee Health Assessment

(3 to 6 months prior to departure)

IOM staff provide basic information about COVID-19 symptoms and prevention methods such as social distancing, respiratory and cough etiquette, handwashing, and use of masks. For cases with significant medical conditions (SMC), IOM offers additional counseling on COVID-19 risk factors, protection measures, and relevant pre-departure preparations.



IOM Pre-Departure Medical Check and Testing

(24 to 72 hours prior to departure)

IOM staff repeat information previously provided at the Refugee Health Assessment. IOM also conducts COVID-19 testing for all refugees within 72 hours prior to their departure. A Travel Hygiene Kit is provided to all refugees and includes 3-4 masks, hand sanitizer, and tissues. IOM asks about symptoms, contacts, and checks temperatures at the pre-embarkation physical exams. The CDC Welcome Booklet is provided to all refugees and outlines the testing and voluntary stay-at-home guidance after arrival in the United States.



Departure

Refugees board flight with a Travel Hygiene Kit (masks, hand sanitizer, and tissues).



IOM Port of Entry (POE)

(upon entry to the United States)

IOM reinforces basic information on COVID-19 symptoms and prevention. Thermometers are provided along with an additional copy of the CDC Welcome Booklet, which includes instructions on how to use a thermometer. Voluntary stay-at-home guidance is reiterated at this time.



Arrival at Final Destination

(immediately after arrival)

Resettlement agencies counsel refugees to either receive a post-arrival COVID test 3-5 days after arrival and stay at home for 7 days if the test is negative, or, if not tested, stay at home for 10 days after arrival. Resettlement agencies also share any local quarantine requirements.



Domestic Cultural Orientation

(within 30-90 days after arrival in U.S.)

Domestic CO providers review content offered at pre-departure medical check and POE COVID-19 resources. In addition to the required CO curriculum, CO providers also share information on community spread and prevention methods.



Domestic Medical Exam

(within 30 days of arrival)

A comprehensive medical exam is provided which connects newly arrived refugees to a medical provider and the U.S. medical system. This exam is an opportunity for domestic providers to reiterate messages of COVID-19 prevention and to provide their contact information in case further questions or care regarding COVID-19 is needed.



Ongoing Care (beyond the Reception & Placement Period)

Continuation of care in the refugees' new community is provided by various partners and includes educating refugees about COVID-19, linking refugees to health and human resources, collaborating with health departments for COVID-19 contact tracing and testing in refugee populations, providing ongoing case management, and aiding clients as service delivery may be delayed or altered during the pandemic.



Refugee-Facing Materials

This infographic links the key resources shared with refugees at each step of the resettlement process. After arrival, domestic resettlement agencies will vary the materials provided, as appropriate.

Overseas Cultural Orientation

(3 months to 1 week prior to departure)

- [COVID-19: How to Protect Yourself and Stop the Spread of the Virus Video](#)
- [Resettling to the United States during the COVID-19 Pandemic](#)
- [COVID-19: Understanding Guidance and Rules](#)

Departure

Refugees board flight with the Travel Hygiene Kit.

Arrival at Final Destination

(immediately after arrival)

- [CORE COVID-19 Resources](#)
- [Refugee-Facing COVID-19 Resources](#) with translated materials for refugee audiences

Domestic Medical Exam

(within 30 days of arrival)

Health screening clinics disseminate various resources, typically including CDC materials which can be found at:

- [Switchboard: Round-Up of Multilingual Resources on COVID-19](#)
- [Communications Toolkit for Migrant, Refugees, and other Limited-English-Proficient Populations](#)
- [CDC: Resources for Newly Resettled Refugee Populations](#)

IOM Refugee Health Assessment

(3 to 6 months prior to departure)

- [COVID-19: How to Protect Yourself and Stop the Spread of the Virus Video](#)
- [CDC: COVID-19 in Newly Resettled Refugee Populations](#)
- [CDC: COVID-19 Symptoms](#)
- [CDC: What You Can Do If You Are At Higher Risk](#)

IOM Pre-Departure Medical Check and Testing

(24-72 hours prior to departure)

- As of December 7, 2020 IOM started providing pre-departure COVID-19 testing for all refugees within 72 hours prior to departure.
- [CDC Welcome Booklet](#), which communicates key messages about post-arrival testing and voluntary stay-at-home guidance.
- Travel Hygiene Kit with Personal Protective Equipment (PPE) for travel (3-4 masks per person, hand sanitizer, tissues)
- 12 weeks of medical supply for refugees with severe medical conditions.

IOM Port of Entry

(upon entry to the United States)

- [CDC Welcome Booklet](#) for those who did not get the booklet at pre-departure with 20 alcohol wipes, replenished PPE, and one thermometer per case.
- Replenish PPE.

Domestic Cultural Orientation

(30-90 days after arrival in U.S.)

- [CORE COVID-19 Resources](#)
- [Refugee-Facing COVID-19 Resources](#) with translated materials for refugee audiences
- [Switchboard: Round-Up of Multilingual Resources on COVID-19](#)
- [Communications Toolkit for Migrant, Refugees, and other Limited-English-Proficient Populations](#)
- [COVID-19 Resources for Refugee Resettlement Service Providers](#)

Ongoing Care

(beyond the Reception & Placement Period)

- [Switchboard: Round-Up of Multilingual Resources on COVID-19](#)
- [Communications Toolkit for Migrant, Refugees, and other Limited-English-Proficient Populations](#)
- [CDC: Resources for Newly Resettled Refugee Populations](#)