

CULTURAL ADJUSTMENT SCENARIOS

Review the scenarios.

Circle what phase of Cultural Adjustment is being described in each.





Aden has been in the United States for three months. He is willing to accept any job offered to him, but no one will hire him. He's anxious about how he will support his family and is having trouble sleeping.

HONEYMOON

CULTURE SHOCK

ADJUSTMENT

MASTERY



Gloria is a 50-year-old Congolese refugee from a rural area. When she first arrived in her receiving community, she was hesitant to work as she didn't believe she had the necessary skills. Recently, though, she has started to notice that there are women in her community who want their hair plaited. This is something that Gloria is very good at. She's wondering if she might be able to plait hair for money and is thinking about reaching out to someone at her local hair salon to see what they think.

HONEYMOON

CULTURE SHOCK

ADJUSTMENT

MASTERY



Tsehaye is a 22-year-old refugee from Eritrea. He was taken by his resettlement worker to apply for benefits, but became agitated and restless upon entering the building. He refused to hand over his documents to the staff member and demanded to be taken home.

HONEYMOON

CULTURE SHOCK

ADJUSTMENT

MASTERY



Esther arrived in her receiving community two weeks ago. She is amazed by the assortment of foods available at her local food market and has purchased ingredients to make her favorite dish from back home.

HONEYMOON

CULTURE SHOCK

ADJUSTMENT

MASTERY





